

EXTRA-CURRICULAR PE/SPORTS CLUBS AND PRACTICES

Each and every student is very welcome to come along to any of these clubs/practices. No previous experience is needed – we have many excellent staff here to help you.

	<u>Lunchtime 12.25-1.05</u>	<u>After School 3.30-4.30</u>
<u>Mon</u>	Years 7,8 & 9 Fitness (6 th Form Fitness Suite) Year 7 Table Tennis (PE Foyer) Mr Bibb All Years Badminton Mrs Gooding Years 7 & 8 Boys/Girls Dance (Performance Studio) Miss Barnes Swimming Club – Beginners Miss Newton	All Years Badminton (4.30 -5.30) Mr Aldous £2 All Years Boys Football Mr Bibb, Mr Baines, Mr Colledge Years 9,10,11,12,13 Netball Mrs Catton, Miss Brine Yrs 9, 10 &11 Dance Boys&Girls Miss Barnes
<u>Tues</u>	Years 10,11,12 & 13 Fitness (6 th Form Fitness Suite) Years 7,8,&9 Basketball Mr Colledge/Mr Walker Year 8 Table Tennis (PE Foyer) Miss Brine Gymnastics Club – Mrs Burgess/Mrs Watling Tuesday 7.00-8.15am – Swimming – G&T Miss Elder	All Years Running Mr Baines All years Gymnastics Miss Szigmond
<u>Wed</u>	All Years Rowing Miss Rudkin All Years Badminton Mr Aldous	All Years Boys+Girls Rugby Mr Walker/MrPhillips/Mr Hurt All Years Hockey Boys+Girls Miss Smith All Years Trampoline Mr Colledge/ Mr Blakeley/Miss Brine All Years Badminton (4.30-5.30) Mr Aldous £2
<u>Thur</u>	Years 10, 11, 12 &13 Fitness (6 th Form Fitness Suite) Years 9,10,11 Volleyball Mr Baines All Years Cricket Mr Bibb Gym Year 9 Table Tennis Mr Hurt Badminton Club G&T 7.30am-8.30am	Look Good Feel fit (Girls) By Invite-staff (tbd) All Years Fitness (6 th Form) Fitness Suite Years 7,8,9 Netball (Sports Hall) Miss Brine All Years - Swimming Squads Mrs Poli/ Miss Newton Dance ASK group only – Miss Barnes
<u>Fri</u>	Years 7,8,9 Fitness (6 th Form Fitness Suite) Years 10,11 Basketball (Sports Hall) Mr Bibb Years 10+11 Table Tennis Mr Phillips	Whole Staff Sport Staff Badminton 3.30 – 5pm Staff Pilates 4-5pm Robbie Phelp

If you attend lunchtime practices/clubs it is helpful if you are able to bring a packed lunch with you, which you will be able to eat after the practice/club. If you have a school lunch, you will need to ask a member of the PE department for a lunch pass which will allow you to get an early lunch.

All practices/club will start week beginning Monday 14th September

If you have any questions do ask one of the PE teachers. We would all like each and every one of you to find activities you really look forward to taking part in during lunchtimes and after school.

Some activities are seasonal and the practices will change during the year to accommodate these sports.

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